

Bath Youth Baseball: Cal Ripken Additional Rules and Procedures 2020 Season

In order to get back to the field and play some baseball this season there will be new procedures and rules in place. The safety and health of players, coaches, and families is at the forefront of our plan. We need each of you to read this document carefully as we will all need to actively follow each of these rules and procedures in order to keep on playing and using the fields. These rules and procedures are based on guidelines from the national and Maine CDC, the national Babe Ruth League, and the City of Bath.

We will begin our summer season with team practices. If all goes to plan we will be able to begin game play in July. Kindness, communication, and flexibility is important. We will do this together as a strong baseball family.

Equipment Usage and Disinfecting Plan

Helmets will not be shared. Players will use their own or borrow one from the league for the season.

If a player has their own bat that will not be shared. Shared bats will be disinfected by a coach or parent volunteer between uses with clorox disinfecting wipes or lysol all purpose cleaner and paper towels. The cleaning agents will be thrown away promptly and the cleaner will disinfect their hands.

Catching gear will be used by one player per session. It will be disinfected with clorox disinfecting wipes or lysol all purpose cleaner and paper towels directly after use. If a player has their own catching gear that will be used and not shared with other players.

Balls will be disinfected after practices and between each inning with clorox disinfecting wipes or lysol all purpose cleaner and paper towels.

Personal player equipment and water bottles will be separated from other players' equipment during practices and games.

Healthy Participation

Coaches, players, family members, or spectators who are sick or who are experiencing any of the following symptoms or live with someone who is Covid-19 positive may not participate in Bath Youth Baseball practices or games. Symptoms include:

cough	fever	shortness of breath
chills	muscle pain	difficulty breathing
repeated shaking with chills	vomiting	unexplained headache
diarrhea	sore throat	new loss of taste or smell

Preparing for when someone gets sick/Outbreak Plan

IF you are feeling sick with any of the symptoms listed in the “healthy participation” section stay home.

IF a player, coach, or spectator test positive for Covid-19 that must be communicated to the league IMMEDIATELY.

IF a player or coach exhibits symptoms during practice or a game they will be sent home.

IF you or someone in your household tests positive for Covid-19 you will:

- Communicate this information immediately to a coach or board member.
- Stay home.

IF a player, coach, or spectator tests positive for Covid-19 Bath Youth Baseball will:

- Communicate this information to the players, coaches, umpires, and family members associated with the team.
- Communicate this information to the Bath Recreation Department and the local health department.
- Shut down the field for usage for at least 24 hours and then disinfect all shared areas and equipment.

IF you test positive for Covid-19:

- You can be with others after...
- 3 days with no fever AND
- Symptoms improve AND
- It has been 10 days since symptoms first appeared.

IF you live in a household with someone who has tested positive for Covid-19:

- You need to self-quarantine for 14 days before rejoining play AND
- Be symptom free.

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League will	Coaches will
<ul style="list-style-type: none"> ● Create schedules with 30 minute time blocks between practices and games. ● Communicate with families and players current information regarding the schedule and regulations that will be in place. ● Provide hand sanitizer. ● Provide disinfectant for shared equipment. ● Display rules at each field. 	<ul style="list-style-type: none"> ● Disinfect shared equipment between uses. ● Separate groups of players during practices to learn, play, and work at different stations for part of the practice time. ● Be sure that every player has a signed and turned in waiver. ● Clearly communicate the batting order and changes to the order during a game.
Players will	Families will
<ul style="list-style-type: none"> ● Be responsible for their equipment and keep it separated from other players' equipment. ● Pay attention and keep distance from other players when possible. ● Keep water bottles with their spectators during games. ● Bring and use hand sanitizer before and after practices and after using shared equipment. ● Have their own personal helmet for use all season. Provided by the league if needed. ● Know their batting order for games. ● Sit with their families while waiting their turn at bat during a game. Dugouts will not be used by groups of players this season. 	<ul style="list-style-type: none"> ● Be on time dropping off and picking up their player for practice. If you are early for practice wait in your car until the official practice time begins. ● Bring chairs/blankets to sit on for games and practices. Bleachers will not be used this season. ● Sign the waiver for Cal Ripken baseball. ● Have one super fan at the field to abide by the no more than 50 people at a field rule, including players and coaches. Athletes will not be traveling between fields. ● Have hand sanitizer for their player to use at practice and between innings. ● Quarantine for a 14 day period if they or their player travel out of state. ● Carry in/carry out trash.
We all will	Catch-all
<ul style="list-style-type: none"> ● Maintain 6 feet of physical distance whenever possible. ● Stay home if we are not feeling well. ● Wash our hands or use a hand sanitizer with a minimum of 60% alcohol content frequently. ● Cough and sneeze into our elbows. ● Be thankful that we can be together. ● Cheer on all the players! ● Show kindness and grace as we work and play through this together. 	<ul style="list-style-type: none"> ● Personal bats and helmets will only be used by their owner. ● Shared equipment will be cleaned between uses. ● Balls will be disinfected between innings and after practices. ● There will be no gum chewing or seeds allowed. ● There will be no bathrooms on site. ● The snack shack will not be opening to start.